

Summer Rugby Camp (Residential) | Frequently Asked Questions

When will the details of the course come out and what will they contain?

The full details for the courses will be sent out three weeks before the start date. They will be sent to your registered email account and will contain joining instructions, a full kit list, a programme for the course and directions and a map of the school.

What clothes should my child bring?

Your child should bring clothing that will enable them to take part in all activities provided. We recommend the following:

- Training kit – shirt, shorts & socks
- Appropriate footwear for outdoor sessions such as rugby boots
- Trainers for indoor gym sessions
- Gum shield, kicking tees, headgear & any other personal equipment
- Gym kit for S&C sessions
- Small towel for gym use
- Personal casual wear - including warm jumper and waterproof jacket
- Socks & underwear
- Pyjamas
- Towel
- Swimwear
- Backpack
- Personal hygiene items
- Sunglasses, cap/sun hat & waterproof sunscreen (factor 50)
- 2 x water bottles
- Notebook & pen
- Travel adaptor (if required)

Laundry for all students will be done twice during the week by Housestaff.

How much pocket money should my child bring?

All food, drinks and snacks will be provided, so there is no need to bring any additional money for food. If children wish to visit the local shops and cafes during the week, £50 for the week should be adequate. Staff can securely store money and valuables during the week if necessary.

Is your campus safe?

Our campus is very safe. The campus has a security provision which monitors the grounds 24/7. All boarding houses and individual school buildings have secure entries.

What medical provision will there be on campus during the week?

There will be a physiotherapist present pitch-side at all training sessions and in our well-resourced first aid room. In the event of a serious injury, the physio will triage the player and decide whether the emergency services need to be called.

All participants will have full access to NHS care, with staff organising contact with doctors through NHS24 as required. In the boarding houses, staff are fully first aid trained and are fully qualified to cover any low-level illness, injury or rehab throughout the week.

Our concussion and return to sport policy is available to view on our website, and a link will be sent with the full course details.

What happens if my child is ill through the night?

Houseparents are on hand for the students 24 hours a day and participants will be shown on arrival where they should go if they are feeling unwell, at any time. Houseparents will care for the child and seek medical advice if required. Parents will be updated by the Houseparents the following morning.

What if my child has medical or dietary needs?

When booking the course, you will have been asked for any medical or dietary information that we will need to know for your child's stay at the school. If any of the information provided needs updating, please contact us before the course starts via holidaycamps@dollaracademy.org.uk

Any medication brought to the school will need to be documented in the provided form that will be sent out at time of enrolment. This must provide details of what the medication is and the dosage. This medication will then be handed to the Houseparent on arrival and stored centrally for security. Any prescription medication will need to be in the original container with the pharmacy label.

How many staff go on excursions and what are their roles?

Depending on the nature of the excursion, an appropriate number of experienced staff will accompany the children at all times. Their role is to guide and supervise participants during excursions, assist participants where necessary and ensure their safety while off site.

Who lives in the boarding houses with the children?

Experienced boarding staff members live in the boarding houses with the children and members of our senior management team also live close by on site.

Staff are there to ensure that all the residents are happy, safe and making the most of their time with us. The staff in the house will be the first port of call if a resident needs advice or support. In the evenings the house staff are responsible for organising and running activities.

When and what do the children eat?

Residents eat three meals per day in the dining hall provided by our school caterers, Thomas Franks, who provide a range of award-winning, healthy, locally sourced food. Breakfast is at 7.30am,

lunch is at 13:00pm and dinner is at 6.00pm. Refreshments are also available at break times throughout the day.

Children are offered a variety of meals throughout each week and different dietary needs can be catered for; a sample menu can be provided upon request. Please ensure any dietary requirements are included in the medical form sent out at the time of registration. Children may also arrange to visit the village shops if needed.

Can my child have a single room?

Houseparents will take care and attention when planning rooming to consider all residents needs to ensure that everyone has a positive experience, which maximises social integration. It is not however the case, that individuals will be guaranteed a single room on request. Each House has several shower rooms, which are split by year group. You are given a basket to store your toiletries in – this can be kept in your bedroom or in the shower rooms.

What are the rules on mobile phones and technology devices?

The camp is based around activity and performance, and participants will naturally have large amounts of time throughout the day where they will not have access to their devices. They will however have times in the evening, where they will have full access to their devices and should use this appropriately. We asked parents to consider carefully what items of technology are required and to only send any that are deemed essential. Any child under the age of 15 will be asked to hand their devices in at night in order to support a good night's sleep.

Will my child need a Visa?

Depending on your nationality you will either be able to visit the UK for up to 6 months without needing a visa OR you will be required to apply for a Standard Visitor Visa before you visit the UK.

Please follow the link to the [GOV.UK website here](#) to find out if your child will need a visa to attend the summer school. Further information on the Standard Visitor visa, to visit to study, can be found on the [GOV.UK](#) website also, [please click here for further information](#).

Should you require a Visa to visit please contact us and we will provide you with a confirmation letter of your visit to the UK confirming you will be with Dollar Academy to study.

If you have any questions please do not hesitate to contact us at holidaycamps@dollaracademy.org.uk